

delish

GLUTEN FREE • WHEAT FREE

RUSTIC QUINOA BUNS

VEGAN



Ingredients: GF flour blend (sorghum flour, tapioca starch, brown rice flour,) water, cooked white quinoa, canola oil, baking powder, yeast, quinoa flakes, xanthan gum, organic cane sugar, salt.

Nutrition Facts Valeur nutritive

Serving Size 170 g 1 bun (170 g)
Portion 170 g 1 portion (170 g)

Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories 350	
Fat / Lipides 7 g	11 %
Saturated / saturés 0.5 g	
+ Trans / trans 0.1 g	3 %
Cholesterol / Cholestérol 0 mg	0 %
Sodium / Sodium 700 mg	29 %
Carbohydrate / Glucides 66 g	22 %
Fibre / Fibres 6 g	24 %
Sugars / Sucres 3 g	
Protein / Protéines 6 g	
Vitamin A / Vitamine A0	%
Vitamin C / Vitamine C0	%
Calcium / Calcium	25 %
Iron / Fer	20 %



Baked locally in a
100% gluten free
environment!



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